

Premom Quantitative Ovulation Test Strips Q&A

Q1 : What's the difference between Premom quantitative ovulation test strips and traditional ones?

Premom quantitative ovulation test strips show how LH values change in intensity, which helps accurately determine when ovulation will likely occur. Other ovulation test strips (qualitative strips) provide only positive or negative results, making them simpler but not as precise. Therefore, quantitative test strips are suitable for those who need more detailed information.

Q2: Do I need to compare the color of the T line with the C line?

No, quantitative ovulation kits don't require that. Use the Premom app to scan the test, and it will show the LH value, or refer to the provided color chart.

Q3: Can the test results be interpreted after 10 minutes?

The test result is invalid after 10 minutes. However, if you take a photo within that time frame, you can interpret the result anytime using the Premom app.

Q4: Does the amount of liquid I drink affect the test results?

Yes, it can. It is recommended to limit how much you drink for about two hours before taking the test. Drinking a lot of water can dilute the hormones in your urine, making it harder to get accurate test results.

Q5: When is the best time to have sex after detecting the LH Peak?

Ovulation typically happens 24-36 hours after the LH Peak. This is when you're most fertile, so

it's recommended to have sex during this time.

Q6: How long should I keep testing?

Test for at least 5 days or until you find an LH surge. We suggest testing once a day before your fertile window and twice a day during your fertile window, so you don't miss the LH surge.